

Nutrition Facts

Serving Size 1 Bar (64g)

Servings Per Container 12

Amount Per Serving

Calories 260 **Calories From Fat** 80

% Daily Value*

Total Fat 9g **13%**

Saturated Fat 4g **18%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 50mg **2%**

Total Carbohydrate 42g **14%**

Dietary Fiber 5g **19%**

Soluble Fiber 2g

Insoluble Fiber 3g

Sugars 23g

Protein 6g

Vitamin A 0% • Vitamin C 110%

Calcium 4% • Iron 12%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Honey*, Sprouted Grain, Fermented Seed and Cereal Blend (sprouted wheat*, malted barley*, sprouted barley*, sprouted millet*, sprouted lentil*, sprouted soybean*, sprouted spelt*, oat bran*, acacia fiber, flax seed*, sprouted amaranth*, sprouted quinoa*, sprouted buckwheat*, sprouted garbanzo bean*, sprouted kidney bean*, sprouted adzuki bean*, sprouted flax seed*, sprouted sunflower seed*, sprouted pumpkin seed*, sprouted chia seed*, sprouted sesame seed*, Icelandic sea salt, filtered water), chocolate coating* (evaporated cane juice*, palm kernel oil*, cocoa*, soy lecithin*, vanilla extract*), Nut Butter Blend (almond*, cashew*, sunflower seed*) dates*, vegetable glycerin, Veggie Blend* (oat grass juice*, barley grass juice*, alfalfa grass juice*, wheat grass juice*, Fermented Veggie Blend* (beet juice*, carrot juice*, broccoli juice*, cucumber juice*, tomato juice*, kale juice*, spinach juice*, cabbage juice*, cauliflower juice*, celery juice*, parsley juice*, asparagus juice*, Brussels sprouts juice*, green bell pepper juice*, garlic juice*, ginger juice*, onion juice*), natural berry flavor, Garden of Life® Extra Virgin Coconut Oil*, Probiotic Blend (inulin, *Lactobacillus acidophilus*, *Bifidobacterium longum*, *Lactobacillus rhamnosus*).

CONTAINS: TREE NUTS (ALMOND, CASHEW, COCONUT), SOY, WHEAT AND MILK.

MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS.

Probiotics cultured in dairy, which is generally consumed during the fermentation process.

* Certified Organic Ingredient.
Non-GMO.

Distributed by

Garden of Life, Inc.

5500 Village Blvd., West Palm Beach, FL 33407



PACKED WITH
21 ORGANIC
VEGETABLES

PROVIDES
6 GRAMS
OF PROTEIN &
5 GRAMS
OF FIBER

MADE WITH
RAW
INGREDIENTS