



Supplement Facts

Serving size 1 tablet

Amount per serving	% Daily Value
Vitamin C (as ascorbic acid) 15 mg	17%
Folate (as folic acid) 680 mcg DFE (408 mcg folic acid)	170%
Vitamin B12 (as cyanocobalamin) 30 mcg	1250%
Iron (as fermented iron bisglycinate) 26 mg	144%
Organic beetroot 125 mg	**
Food Blend 30 mg	**
Organic brown rice, organic orange, organic broccoli	

**Daily Value not established

Other Ingredients: Ferment media (rice protein, autolyzed yeast extract, organic brown rice, yeast [inactive]), rice protein, autolyzed yeast, stearic acid, silicon dioxide, hypromellose.

