



Supplement Facts

Amount per serving	% Daily Value
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Vitamin C (as ascorbic acid) 15 mg	17%
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Folate (as folic acid) 680 mcg DFE (408 mcg folic acid)	170%
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Vitamin B12 (as cyanocobalamin) 30 mcg	1250%
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Iron (as fermented iron bisglycinate) 26 mg	144%
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Organic beetroot 100 mg	**
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Food Blend 18 mg	**
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Organic brown rice, organic orange, organic broccoli

**Daily Value not established



Other Ingredients: Ferment media (rice protein, autolyzed yeast extract, organic brown rice, yeast [inactive]), rice protein, autolyzed yeast extract, stearic acid, silicon dioxide, hypromellose.