

# Supplement Facts

Amount per serving	% Daily Value
Thiamin (as thiamine hydrochloride) 9 mg	750%
Riboflavin (as riboflavin) 4 mg	308%
Niacin (as niacinamide) 45 mg NE	281%
Vitamin B6 (as pyridoxine hydrochloride) 10 mg	588%
Folate (as calcium L-5-methyltetrahydrofolate) 400 mcg DFE (240 mcg L-5-MTHF)	100%
Vitamin B12 (as methylcobalamin) 50 mcg	2083%
Biotin (as biotin) 30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate) 45 mg	900%
<b>Food Blend</b> 258 mg	**
Organic brown rice, organic kale, organic broccoli	

\*\*Daily Value not established

**Other Ingredients:** Microcrystalline cellulose, rice protein, autolyzed yeast extract, silicon dioxide, stearic acid, hypromellose

