

**Suggested Use:** Adults and teens (age 14+) take 2 soft chews daily. May be taken any time of day.

# Supplement Facts

Serving size 2 soft chews

Servings per container 15

Amount per serving	% Daily Value
Calories 40	
Total fat <1 g	1%*
Total carbohydrate 9 g	3%*
Dietary fiber 1 g	4%*
Total sugars 3 g	**
Includes 3 g added sugars	6%*
Magnesium (as magnesium citrate & magnesium malate) 250 mg	60%

\*Percent Daily Values based on a 2,000 calorie diet

\*\*Daily Value not established

**Other Ingredients:** Organic rice syrup, organic cane sugar, inulin, natural flavors, sunflower lecithin, palm oil\*, citric acid, fruit and vegetable juice (for color), glycerin, rosemary leaf extract (to preserve freshness).

