



Supplement Facts

| Amount per serving | % Daily Value |
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| Vitamin C (as ascorbic acid) 15 mg | 17% |
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| Folate (as folic acid) 680 mcg DFE (408 mcg folic acid) | 170% |
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| Vitamin B12 (as cyanocobalamin) 30 mcg | 1250% |
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| Iron (as fermented iron bisglycinate) 26 mg | 144% |
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| Organic beetroot 100 mg | ** |
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| Food Blend 18 mg | ** |
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Organic brown rice, organic orange, organic broccoli

**Daily Value not established

Other Ingredients: Ferment media (rice protein, autolyzed yeast extract, organic brown rice, yeast [inactive]), rice protein, autolyzed yeast extract, stearic acid, silicon dioxide, hypromellose.

