

Drug Facts

Active ingredients**

Arnica montana 1X HPUS 7%	Relieves muscle pain and stiffness, discoloration from bruises
Harpagophytum 1X HPUS 3%	Relieves joint discomfort and stiffness associated with arthritis pain

Purpose*

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* temporarily relieves minor joint and muscle pain and stiffness due to:

- arthritis
- minor injuries
- overexertion
- falls
- repetitive motions

Warnings

For external use only.

Do not use

- if you are allergic to Arnica montana, Harpagophytum, or to any of this product's inactive ingredients
- with other topical products for pain.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- dryness or irritation may occur
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use.

Stop use and ask a doctor if

- condition persists for more than 7 days or worsens
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions ■ Adults and children 12 years of age and older: Apply a thin layer of Arnicare Arthritis to affected area as soon as possible at the onset of symptoms up to 4 times a day. If heat or ice is applied, wait 5 minutes before applying Arnicare Arthritis.
■ Children under 12 years of age: Ask a doctor.

Other information ■ do not use if glued carton end flaps are open or if the tube seal is broken
■ store below 77°F (25°C)

Inactive ingredients acrylamide, alcohol, chlorhexidine digluconate, glycerin, isohexadecane, polysorbate 80, purified water, sodium acryloyldimethyltaurate copolymer, sweet almond oil

Questions or comments?

Arnicare.com | BoironUSA.com | Info@Boiron.com
1-800-BOIRON-1 (1-800-264-7661)

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.