

# Supplement Facts

Serving Size: 1 Capsule  
Servings per Container: 60

Amount  
per serving

Organic Blue Vervain (herb) . . . 450 mg †

† Daily value not established

**Other Ingredients:** Plant Cellulose (Capsule).

**Manufactured and Distributed by:**

Penn Herb Company, Ltd.,  
Philadelphia, PA 19154-3293  
www.PennHerb.com / 215-637-4372

**Directions:** Take 1 capsule, three times a day.

**WARNING:** Not to be used during pregnancy. Consult your physician before use if you are nursing, using medication, or have any medical conditions.

Keep in a cool dry place with cap tightly closed.

Let **Blue Vervain** help to put your mind at ease. The traditional nervous system tonic promotes relaxation, and generally helps to calm occasional feelings of tension and anxiousness. But that's not all - Blue Vervain also supports healthy liver function and upper respiratory health. Our whole herb capsules is a convenient way for on-the-go wellness.\*

**Common uses include:**

- Supports nervous system health\*
- Helps ease tension when under occasional stress\*
- Supports healthy liver and gallbladder function\*
- Supports respiratory health\*

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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